

# STATE OF KANSAS

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### **Nominations Now Being Accepted for Kansas Health Champion Awards** Exceptional efforts to promote health and fitness in Kansas to be recognized

**TOPEKA** – The Governor’s Council on Fitness is now accepting nominations for its annual Kansas Health Champion Awards. Awards are given to individuals and organizations that make an exceptional effort to model, encourage and promote health and fitness in Kansas. Award recipients will be recognized at the Community Health Promotion Summit on Jan. 24, in Manhattan, Kan. The deadline for nominations is Sept. 30.

“The Kansas Department of Health and Environment (KDHE) is proud to partner in this important initiative to improve the health and wellness of Kansans,” said KDHE State Health Officer, Dr. Greg Lakin. “Many people and organizations throughout the state have made healthy living a priority, and it’s important that we recognize their efforts that impact others”.

Nominees would be expected to have demonstrated:

- Work that goes above and beyond what is expected to model, encourage and promote fitness
- Far-reaching impact
- Sustainable influence or activity

“In addition to promoting effective models for increasing physical activity, nutrition and tobacco-free living for replication by organizations and communities around the state, the awards also allow us the opportunity to honor the outstanding work of one individual and one organization this year,” said Marlou Wegener, Manager of Community Relations, Blue Cross and Blue Shield of Kansas. Eligible nominees might include an outstanding volunteer, a school, a local community, a newspaper or individual reporter, a local or State policy maker, or an employer, among others.

For more information and to submit a nomination, go to [getactivekansas.org](http://getactivekansas.org), and click on the nomination form link. If you have questions about the nomination process, contact Jennifer Church at 785-296-6801.

The Governor's Council on Fitness advises the Governor and others on ways to enhance the health of all Kansans through promotion of physical activity, good dietary choices and prevention of tobacco use.

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